What’s Your Opinion?

Issues bystanders face, such as who should help someone who is being bullied, can be confusing. Sometimes hearing the opinions and thoughts of others can give you a different perspective about why you should help someone who is being bullied.

**GOAL:** This activity will help you think about the issues bystanders face when they see bullying, why they decide to help, and the best way to help a victim.

Work with a friend or several friends to discuss the following issues. You will share your thoughts, feelings, and beliefs on each of the following statements and then come to an agreement about the best way to address the topic.

1. **Why is it that when students see a bystander helping a victim of bullying, they are more likely to stand up for the victim and support them in the future?**
2. **Do you think providing support to someone who has been verbally bullied *(asking if they are okay, telling them you are sorry that happened)* is the best way to help them? Why or why not?**
3. **Do you think that if someone has been bullied it is the responsibility of their friends to help them, not everyone else. Why or why not?**